



Gloucestershire Health and Care  
NHS Foundation Trust

# Gloucestershire's Integrated Sexual Health Service

## Training Menu 2024

## Who are we?

Gloucestershire is proud to have a highly-regarded integrated sexual health service. We are committed to providing friendly, accessible, holistic and evidence-based sexual healthcare to the population of Gloucestershire.

We are all practising clinicians and have a long history of working together as a team and in partnership with other institutions to deliver sexual health education and training. We provide clinical placements for F2 doctors and GP trainees and training for the Faculty of Sexual and Reproductive Healthcare (FSRH) qualifications. We also deliver masterclasses for implant and coil fitters, as well as regular contraception and sexual health updates aimed at healthcare professionals working in the community.

We have a wealth of experience in providing a varied and comprehensive range of training, including the development of bespoke sessions to meet the needs of teams involved in sexual healthcare. An example of this is the emergency contraception training we deliver to School Nurses and Minor Injuries Unit staff. This enables them to competently assess women requiring emergency contraception, working safely within the Trust-approved patient group directions (PGDs).

**Contact details for the education administrator and the course application form can be found on the final page of this training menu.**

## Clinical training

*This includes face to face training on a 1:1 basis in a clinical setting and support from a Faculty Registered Trainer (FRT).*

## Diploma of the Faculty of Sexual and Reproductive Healthcare (DFSRH)

We are delighted to be delivering the new and improved DFSRH. Information about the redesigned diploma, including entry requirements, can be found on the FSRH website: [Education & Training - Faculty of Sexual and Reproductive Healthcare \(fsrh.org\)](https://www.fsrh.org/education-and-training).

**Dates:** This is an individually-tailored timetable. Please note, there is a waiting list.

**Cost:** £250 fee payable directly to the FSRH when submitting your application. The cost of the face-to-face training and FRT support is £600. This does not include the AHD.

## Faculty of Sexual and Reproductive Healthcare: Letters of Competence (LoC) in Subdermal Implant Techniques (SDI) and Intrauterine Techniques (IUT)

Information about LoC SDI and LoC IUT, including entry requirements, can be found on the FSRH website: [Education & Training - Faculty of Sexual and Reproductive Healthcare \(fsrh.org\)](https://www.fsrh.org/education-training).

We also provide training for the **LoC SDI Insertion Only**, which is open to those working in abortion or maternity services.

**Dates:** This is an individually-tailored timetable. Please note, there is a waiting list.  
**Charge:** LoC SDI - £350  
LoC IUT - £450

### Sexual Health in the Community Setting

This half-day course includes:

- A contraception update, including current guidance from the FSRH
- What's new in GU?
- A practical guide to emergency contraception

**Who should attend:** Doctors, nurses, midwives, pharmacists, physician associates or other healthcare professionals working in primary care and other community settings.

**Dates:** Thursday 6 June 2024 1.30-5pm  
Thursday 5 December 2024 1.30-5pm  
**Venue:** Dowty Sports and Social Club  
**Charge:** £100

### Implant Masterclass

This half-day course includes:

- Revision of fitting and removal procedures
- Management of deep and impalpable implants
- Tackling troublesome bleeding

**Who should attend:** Doctors, nurses, midwives, pharmacists, physician associates or other healthcare professionals working in primary care and other community settings.

**Date:** Thursday 3 October 2024 1.30-5pm  
**Venue:** Dowty Sports and Social Club  
**Charge:** £100

## Intrauterine Contraception Masterclass

This half-day course includes:

- Top tips for difficult coil fits
- Tackling troublesome bleeding
- Overview of the newer devices
- Revision of emergency contraception, including the Cu-IUD as post-coital contraception

**Who should attend:** Doctors, nurses, midwives, pharmacists, physician associates or other healthcare professionals working in primary care and other community settings.

**Date:** Thursday 20 June 2024 1.30-5pm

**Venue:** Dowty Sports and Social Club

**Charge:** £100



## Integrated Sexual Health Service training application form

**Please complete and return to:**

Joanne Mutton  
Education Administrator  
Hope House  
Great Western Road  
Gloucester  
GL1 3NN

For further information please contact Jo on 0300 421 6529 or email [joanne.mutton@ghc.nhs.uk](mailto:joanne.mutton@ghc.nhs.uk)

**Course title:** .....

**Course date:** .....

### Delegate details

**Name:** .....

**Address:** .....

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**Telephone:** .....

**Email:** .....

Please remember to enclose cheque made payable to **Gloucestershire Health and Care NHSFT**  
or provide address for invoice:

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